

6 BEHAVIOR MANAGEMENT STRATEGIES



(Select a strategy to try or just get 1% better tomorrow)



SAME 3 RULE: Focus on consistently enforcing just 2–3 key expectations so students clearly know what matters most.



3-SECOND RESET: Pause, count down, and restate the expectation once to quickly refocus students without repeating yourself.



NARRATE THE POSITIVE: Intentionally point out and reinforce what students are doing right to guide behavior and set the tone.



IF/THEN FOLLOW THROUGH: Pre-decide & consistently apply simple responses to behaviors so students know exactly what will happen each time.



BROKEN RECORD: Calmly repeat the same clear direction without arguing to avoid power struggles and keep expectations steady.



STUDENT MODELS: Use students to create their own visuals through pictures and videos of desired expectations.